

## Metro Now

**BREATHER FOR HEART PATIENTS**

Patients now no longer have to take out time to physically be present for a heart check-up. A new technology called the Biotronik Home Monitoring System monitors your heart condition 24x7 without the need for heart patients, or those with pacemakers, to visit their doctors frequently.

The Automated Implantable Cardioverter Defibrillator (AICD) is a small battery-powered electrical impulse generator implanted in patients who are at risk of cardiac arrest.

A 58-year-old NRI, Anjum Naim, is the first recipient of such an implant. Naim suffered from hypertension and diabetes for many years and also underwent a bypass surgery. Since his work required him to travel, it became practically impossible for him to visit a hospital regularly.

Dr Pravin Chandra, Director Interventional Cardiology, Max Healthcare, who implanted the device, said, "Anjum's business calls for a lot of travel and this new technology makes it possible for me to monitor the AICD sitting at my clinic through the internet."

Anjum said, "With this new AICD I feel safer as I am closer to my physician, and in case of any problem with my heart or AICD, my doctor is informed automatically no matter in which part of the world I am."