

# Max Healthcare Emergency Life Saving (CPR) Course

## Objectives

To provide basic emergency life support skills that are easy to apply in real world emergency situations. The participants will learn how to recognize a life-threatening emergency, how to provide immediate life support and what to do in the case of an airway obstruction or choking.

## Course Description

The Course provides practical user-friendly information to train laypersons in the skills of adult, child and infant CPR.



## Learning Objectives

- Recognize the signs of a cardiac arrest.
- Learn how to give CPR to an adult and infant whose heart has stopped beating.
- Recognize the signs and symptoms of a breathing emergency.
- Learn how to care for an adult and infant who stops breathing.
- Learn how to care for an adult and infant who is choking.

## Who Should Attend

- The course will benefit people from any non medical streams.

## Duration

8 Hours

## Course Content

ABC Assessment, One Person CPR, Two Person CPR, Heimlich Maneuver, Infant CPR

## Course Evaluation

The successful participants must have completed all of the below:

1. Attendance through entire program.
2. Satisfactory practical skills demonstration of CPR on completion of course.



Each candidate will be given a certificate from Max.  
5 CPR posters will be given for display in the organization

