

# GUARDIAN Q&A

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**Q I am a 32 years old woman working with an MNC. I am suffering from Rheumatoid Arthritis for the past three years. Whenever the pain starts knee, ankle and elbow joints start swelling with redness. Please tell me what should I do?**

**A** Patients suffering from acute attacks of rheumatoid arthritis present with symptoms typically as yours. You can be helped considerably by a regimen of anti rheumatoid drugs.

**Q My father is 60 and got his hip replaced six years ago. He is in pain again and the doctor says its time for revision surgery. What are the long term risks involved in second time surgery?**

**A** Postoperative pain following a hip replacement surgery after six years could be due to loosening of the implants or the metal ball rubbing the bony hip socket when partial replacement was done. Second time surgeries are now common and in the long term even if required a third surgery can be performed.

**Q I am a business executive aged 42. I met with an accident few days back and have been advised to get both the knees replaced. What is the cost of the surgery and recovery time?**

**A** 42-year-old young people usually are not offered joint replacement surgeries a few days after injuries. I would recommend a fresh X Ray and re-evaluation of your knees. However both knees are replaced together in many patients when the situation warrants. The cost of replacing both knees could vary from three to four lakh rupees and usual time to recovery could be two to three months depending on age of the patient.

Super-Specialist Consultants at Max Hospital, Gurgaon will answer your health queries in this fortnightly column. For appointments at Max Hospital, Gurgaon; Call 0124 662 3000 or Log on to [www.maxhealthcare.in](http://www.maxhealthcare.in)



**Mail all your health queries to:**  
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